



## LESSON B.6

# INTERESTS AND HOBBIES

# 兴趣和爱好 XÌNGQÙ HÉ ÀIHÀO

# LESSON B.5 REVISION



2

Construct words/phrases from the below characters:

人  
*rén*

首  
*shǒu*

城  
*chéng*

太平  
*tàipíng*

学习  
*xuéxí*

指南  
*zhǐnán*

亚  
*yà*

糟  
*zāo*

都  
*dū*

糕  
*gāo*

针  
*zhēn*

洋  
*yáng*

洲  
*zhōu*

口  
*kǒu*

市  
*shì*

英语  
*yīngyǔ*



## 我喜欢... *wǒ xǐhuān...*

				
Listening to music	Singing	Playing piano	Playing guitar	Listening to radio
听音乐	唱歌 (lit. sing song)	弹钢琴	弹吉他	听收音机
<i>tīng yīnyuè</i>	<i>chànggē</i>	<i>dàn gāngqín</i>	<i>dàn jítā</i>	<i>tīng shōuyīnjī</i>
				
Going to cinema	Watching movie	Watching television	Going to Theatre	Going to park
去电影院	看电影	看电视	去剧院	去公园
<i>qù diànyǐngyuàn</i>	<i>kàn diànyǐng</i>	<i>kàn diànshì</i>	<i>qù jùyuàn</i>	<i>qù gōngyuán</i>



## 我不喜欢... *wǒ bù xǐhuān...*

Painting	Decorating	Reading	Writing	Playing poker
绘画 (lit. draw a painting)	装饰	阅读	写作 (lit. write & compose)	打扑克 (lit. hit poker)
<i>huìhuà</i>	<i>zhuāngshì</i>	<i>yuèdú</i>	<i>xiězuò</i>	<i>dǎ pūkè</i>
Playing chess	Travelling	Taking photography	Fishing	Cooking
下棋 (lit. cast a chess)	旅游	拍照	钓鱼	烹饪/做饭 (lit. make rice)
<i>xià qí</i>	<i>lǚyóu</i>	<i>pāizhào</i>	<i>diàoyú</i>	<i>pēngrèn/zuò fàn</i>

# SOME POPULAR SPORTS 1



## 一些流行的运动 *yīxiē liúxíng de yùndòng*

				
Cycling	Horse riding	Swimming	Scuba diving	Surfing
骑自行车 (lit. ride a bike)	骑马 (lit. riding horse)	游泳	潜水 (lit. dive into water)	冲浪 (lit. break waves)
qí zìxíngchē	qímǎ	yóuyǒng	qiánshuǐ	chōnglàng
				
Sailing	Rowing	Skiing	Ice skating	Dancing
驾帆船 (lit. drive a sailboat)	划船 (lit. row a boat)	滑雪 (lit. slide snow)	滑冰 (lit. slide ice)	跳舞 (lit. jump dance)
jià fānchuán	huáchuán	huáxuě	huábīng	tiàowǔ

# SOME POPULAR SPORTS 2

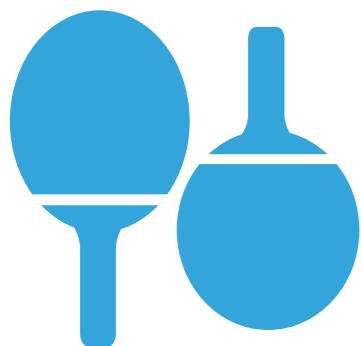


Gym	Playing Bowling	Playing golf	Playing football	Playing basketball
健身	打保龄球 (lit. hit bowling)	打高尔夫	踢足球 (lit. kick football)	打篮球
jiànshēn	dǎ bǎolíngqiú	dǎ gāo'ěrfū	tī zúqiú	dǎ lánqiú
Playing tennis	Playing Badminton	Playing hockey	Hiking	Running
打网球	打羽毛球	打曲棍球	行山 (lit. walk hill)	跑步 (lit. run step)
dǎ wǎngqiú	dǎ yǔmáoqiú	dǎ qūgùnnqiú	xíng shān	pǎobù

# NATIONAL FAVOURITES IN CHINA



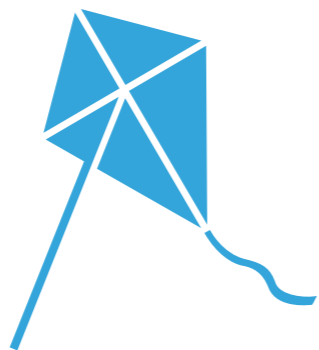
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Playing ping pong

打乒乓球 (lit. hit ping pong)

dǎ pīngpāng qiú



Kite flying

放风筝 (lit. release kite)

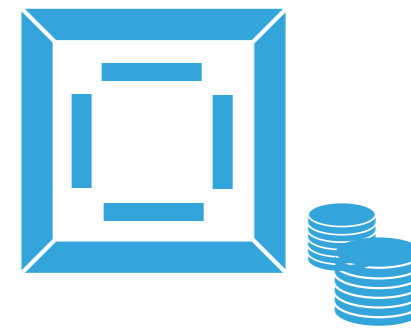
fàng fēngzhēng



Writing calligraphy

写书法

xiě shūfǎ



Playing mahjong

打麻将

dǎ májiàng



Practising martial arts

习武术 (习武)

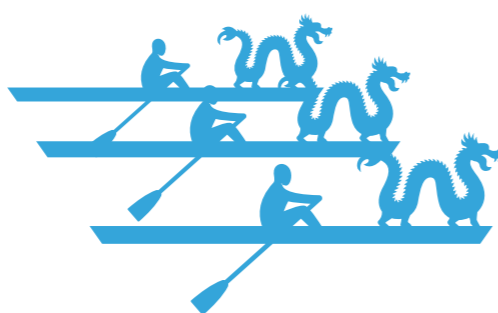
xí wǔshù (xí wǔ)



Paper-cutting

剪纸

jiǎnzhǐ



Dragon-boat racing

龙舟赛

lóngzhōu sài



Horse racing

赛马 (lit. race horse)

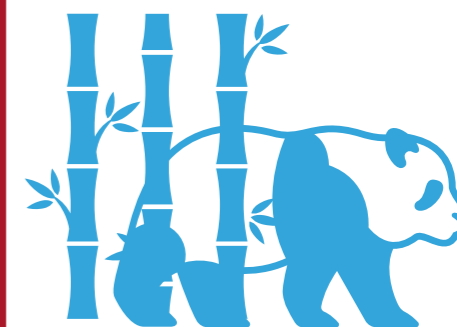
sàimǎ



Peking opera

京剧

jīngjù



Panda and bamboo

熊猫和竹子

xióngmāo hé zhúzi

# NATIONAL FAVOURITES IN UK



8

				
Premier League	Playing cricket	Playing rugby	Commonwealth Game	Gardening
超级联赛	打板球	玩橄榄球 (lit playing olive ball)	英联邦比赛	园艺
<i>chāojí liánsài</i>	<i>dǎ bǎn qiú</i>	<i>wán gǎnlǎnqiú</i>	<i>yīng liánbāng bǐsài</i>	<i>yuányì</i>
				
Wimbledon Championships	Playing darts	Playing snooker	Bingo	Royal Ascot
温布尔登锦标赛	玩飞镖	打斯诺克	答对了	皇家阿斯科特
<i>wēn bù'ěr dēng jǐnbīāosài</i>	<i>wán fēibiāo</i>	<i>dǎ sī nuò kè</i>	<i>dáduìle</i>	<i>huángjiā ā sī kē tè</i>



## 计划活动 *jìhuà huódòng*

这个周末你想做什么？

*zhège zhōumò nǐ xiǎng zuò shénme*

What would you like to do this weekend?

我想早上去健身房，你呢？

*wǒ xiǎng zǎoshang qù jiànshēnfáng, nǐ ne?*

I am thinking going to gym in the morning, and you?

我最喜欢的爱好是打高尔夫球。

*wǒ zuì xǐhuān de àihào shì dǎ gāo'ěrfū qiú*

My favourite hobby is playing golf.

好，我跟你去。

*hǎo, wǒ gēn nǐ qù*

Ok, I come with you.

# ADVANCED – ASKING FOR A DATE



10

追求單獨约会 *zhuīqiú dāndú yuēhuì*  
(Lit. pursue a private date)

你想去卡拉OK吧吗?

*nǐ xiǎng qù kǎlā OK ba ma*

Do you want to go to a  
karaoke bar?

我不喜欢唱歌的。

*wǒ bù xǐhuān chànggē de*

I don't really like singing.

你在空闲时间做什么?

*nǐ zài kòngxián shíjiān zuò shénme*

What do you do in your  
free time?

我喜欢看京剧。

*wǒ xǐhuān kàn jīngjù*

I like watching Chinese  
Opera.



## 失败 *shībài*

京剧很无聊，和我一起看电影怎么样？

*jīngjù hěn wúliáo, hé wǒ yīqǐ kàn diànyǐng zěnmeyàng*

Chinese Opera is boring. How about watching a movie with me?

我今天更想去购物。

*wǒ jīntiān gèng xiǎng qù gòuwù.*

I prefer going shopping today.

我不喜欢拥挤的购物中心。

*wǒ bù xǐhuān yǒngjǐ de gòuwù zhōngxīn*

I don't like crowded shopping mall.

没问题，我可以自己去。

*méi wèntí, wǒ kěyǐ zìjǐ qù*

No problem, I can go on my own.



## 成功 *chénggōng*

你明天晚上有空吗？

*nǐ míngtiān wǎnshàng yǒu kòng ma*

Are you free tomorrow night?

也许，让我想想。

*yěxǔ, ràng wǒ xiǎng xiǎng*

Probably, let me see.  
(Lit. let me think about it)

我能请你吃晚饭吗？

*wǒ néng qǐng nǐ chī wǎnfàn ma*

May I invite you to have dinner with me?  
(Lit. may I treat you to dinner)

听起来太棒了！

*tīng qǐlái tài bàng le*

Sounds wonderful!



## 京剧 (jīngjù)

### What is it?

- Peking opera, or Beijing opera 京剧 (jīngjù) is the quintessence of China. It combines music, vocal performance, mime, dance and acrobatics.
- It arose in the late 18th century and became fully developed and recognized by the mid-19th century. It has come to be regarded as one of the **cultural treasures** of China.

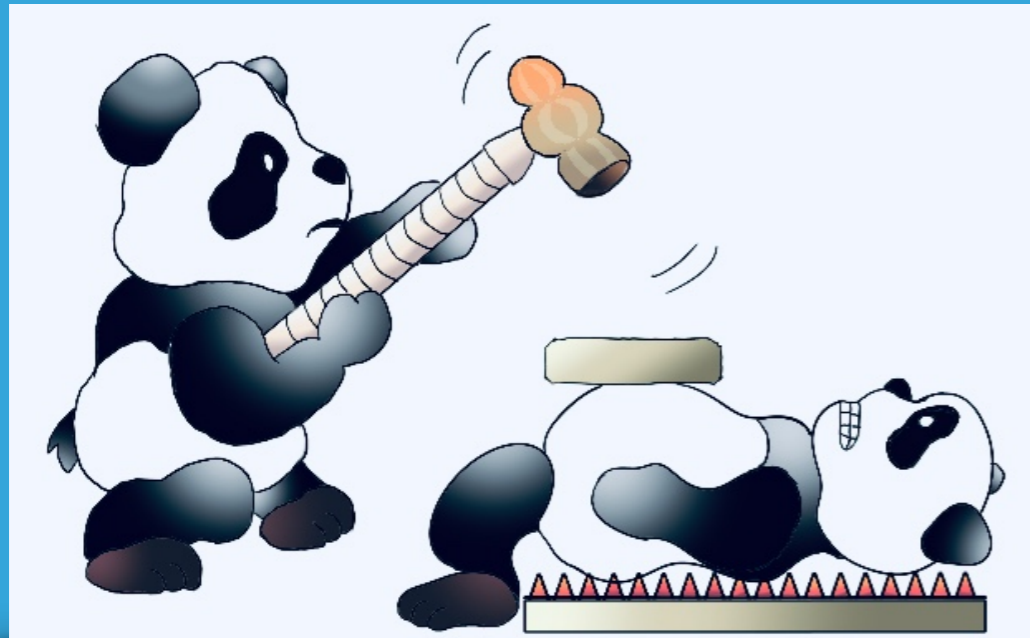
### Face Painting

- Different actors play specific roles and the meaning of those roles is conveyed by specific colours and patterns of face painting and costume.
- A mostly **red** 红色 (hóngsè) face, for example, stands for courage and loyalty. **White** 白色 (báisè) represents brutality and cruelty, **yellow** 黄色 (huángsè) represents fearfulness, and **gold** 金色 (jīnsè) indicates godliness.





## 气功 (qìgōng)



“Chest crushed stone”

胸口碎大石

(*xiōngkǒu suì dà shí*)

*\*With parental guidance - don't try this at home*

### What is it?

- This 3,000-year-old Chinese practice involves the mind, body, and spirit into generating a **strong energy** called **chi** (alternatively **qi** or **ch'i**).
- As defined by Energy Arts, qigong is a form of gentle exercise which is composed of controlled **breathing** and **movements** which stretch the body and increase fluid movement (blood, synovial and lymph).

### What is it for?

- It is used for the purposes of health, spirituality, and martial arts training.
- It is also an ancient Chinese **healing** art involving **meditation**.

### Qigong Master

- Qigong masters 气功大师 (*qìgōng dàshī*) are revered in China. Their words are gospel, and they can quickly become small-time **cult leaders** with wealthy and powerful patrons.

# CLASSROOM EXERCISE B.6 – FAVOURITE



15

- Role play: working with the person next to you, ask what their favourite interest and hobby is.

你最喜欢的兴趣是什么?  
*nǐ zuì xǐhuān de xìngqù shì shénme*



你最喜欢的爱好是什么?  
*nǐ zuì xǐhuān de àihào shì shénme*