

LISTENING HOMEWORK C.1

Name: _____



1

Exercise 1

https://youtu.be/dQzIUUDUgmOk?si=10mE5HSp9lr0_j1v



to get angry (verb) / angry (adj)

生气
shēngqì



1. Write down a memorable word or phrase you have picked up from this short clip.
2. How do you feel?

1

2

LISTENING HOMEWORK C.1

Name: _____



2

Exercise 2

<https://youtu.be/j7zKkcVMaq8?si=V9IYwDODpsnQobK4>



Tai Chi

太極
tàijí

tired

很累
hěn lèi

stand still first

先站好
xiān zhàn hǎo

relax

放松
fàngsōng

energy centre

丹田
dāntián

exhale

呼气
hū qì

inhale

吸气
xī qì

breath

呼吸
hūxī

slow

慢慢
mànmàn

- After watching this short clip about Tai Chi, 你会试一试吗? (*nǐ huì shì yī shì ma*)